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Some users who subscribed to the NIHGDE-L list had problems with the volume of mail that was received each week. They would prefer to see a table of contents and access the NIH Guide files via Gopher when necessary. For that purpose, the NIHTOC-L list has been established at the NIH. It will contain only the table of contents for each

by Expert Panel members of the LSRO.

The Evaluation of the Safety of Using Psyllium Seed Husk as a Food Ingredient includes a review of studies of biological effects of a processed form of psyllium seed husk proposed for use as an ingredient in grain-based foods. The report, prepared for Kellogg Company, Battle Creek, MI, also provides estimates of consumer exposure to the substance if used as a food ingredient and conclusions of the Expert Panel regarding possible health effects resulting from its use in food. This evaluation is part of a continuing series of scientific assessments by LSRO concerning the health aspects of food ingredients that may be Generally Recognized as Safe (GRAS) food substances by the US Food and Drug Administration. Price: \$55.00.

The Evaluation of the Health Aspects of Using Certain Triacylglycerols as Food Ingredients was prepared for the Nabisco Foods Group, RJR Nabisco. The report includes a review of studies of biological effects of a family of structured triacylglycerols prepared by esterification of triacetin,

no substantiated evidence of hepatocarcinogenicity in the hermaphroditic fish *Rivulus*. Price: \$24.00

The Evaluation of the Energy of Certain Sugar Alcohols Used as Food Ingredients was prepared for the Calorie Control Council. The Expert Panel examined data on hydrogenated starch hydrolysates, isomalt, lactitol, maltitol, mannitol, sorbitol, and xylitol in the course of their study. They found that exact values for metabolizable or net energy for each of the sugar alcohols could not be determined; however, approximate ranges were derived. The Expert Panel found that accurate measurements were affected by various experimental conditions such as the amount ingested, whether it was eaten alone or with a meal, as well as the potential contribution to net energy from fermentation in the colon. Price: \$50.00.

The Evaluation of the Scientific Evidence for a Relationship Between Calcium and Hypertension was authorized by Pavel Hamet and was prepared by the LSRO for the United Dairy Industry Association, Chicago, IL. It examines the scientific literature

