(fanatical) animal 'rights' crowd will have an adverse impact on all aspects of health and human welfare. The critical importance of competent application of science to the needs of society is regularly emphasized to me every time that I advise a judge, lawyer, police investigator, social worker, or environmental manager on matters physiological.

"Observing how my past graduate students have established themselves and are contributing to new knowledge is more satisfying than a munificent annuity ever could be."

Letter to Steve Horvath

Richard A. Morin reports that he has continued to work on a full-time basis as the Director of Facilities at SUNY-Buffalo and is enjoying it more than ever.

Maurice McGregor reports from Montreal that he is chairman of a Council for the Evaluation of Technology in Health of the Providence of Quebec. In this context he said he is writing more than ever with the object of producing a sort of consumer report for the guidance of health authorities and doctors.

"I am still at Columbia's College of Physicians and Surgeons," writes **Gabriel G. Nahas**, "but I have left the pristine waters of physiology for the murky ponds of pharmacology-toxicology in the United States and France. I am preparing for the publication of the fifth edition of my book, 'Keep Off The Grass,' which has been translated into five languages." A year ago he took on cocaine with another volume, "Cocaine: The Great White Plague."

"In the lab I have been studying the effects of cocaine as an indirectly acting sympathomimetic amine, stimulating the sympathoadrenal and renin angiotensin systems. Our finding that selected calcium antagonists, such as diltiazem or dihysropyridines, neutralize the acute cardiac toxic lethal effects of cocaine has received little attention. Anyway, we will pursue our efforts in the lab and on the word processor."

Letter to John T. Reeves

"I reached the age of 70 and that is 'my' scientific achievement," writes **Robert S. Pogrund** from Sun City, AZ. "My physiological intuition has led me to assume the following: 1) atherosclerosis can be reversed with proper nutrition (forget the corned beef sandwiches and lemon creme pies); 2) geographic relocation for better climate control is required; 3) a change of lifestyle is required to escape real or perceived professionally associated stresses (publish or perish, extramural grant support, committee memberships, exceeding levels of competence, etc.); 4) adaptation to a regular program of physical exercise to stimulate angiogenesis or development of a collateral vascularization (current program is bicycling at least 10 miles per day, 2 hours of racquetball 3 times a week, aerobic exercise class 3 times a week, and 3 miles of brisk walking every other day); and 5) cessation of monetary worries and laughing over the possible sources of income—even if none is forthcoming (consulting for the legal profession can be fun, and having fun is essential to maintain the integrity of the immune system)."

Letter to Helen M. Tepperman

"I keep my scientific interests alive by attending scientific and clinical meetings and trying to keep up with the current scientific literature," pens **Demetrios Triantaphyllopoulos.** "In addition, I returned to old, dear interests of mine, which I was unable to pursue during my active years because of a lack of time. I read some of the marvelous books of Konrad Lorenz and Lewis Thomas, the autobiography of Werner Heisenberg and books on history. The last such book I read was on the history of Venice by Jan Morris. The amorality of these remote times which led to the fourth crusade and the atrocities of the Turks is not too different of the amorality of our times.

"Finally, I try to keep fit by swimming about three times a week and taking one hour walks in my neighborhood.

The Ohio Physiological Society 1990 Meeting

On October 19, 1990, 55 physiologists and their students gathered at Ohio University in Athens for the 5th Annual Meeting of the Ohio Physiological Society organized by John Howell. The theme was "Cellular Processes Underlying Systemic Function and Dysfunction." The program began by focusing on skeletal muscle injury, repair, and response to training and detraining, with talks by **William Stauber** (West Virginia University) and **Robert Staron** (Ohio University). **Stanley Schultz** (University of Texas at Houston) brought us up-to-date on cellular mechanisms of sodium absorption by epithelia. Talks on polypeptide effectors of gastric H/K ATPase and on mechanisms of ion and water balance in insects by **John Cuppoletti** (Cincinnati) and **Mary Chamberlin** (Ohio), respectively, rounded out our consideration of transport. After lunch and a lively poster session (19), **Nick Sperelakis** (Cincinnati) and **Bruce Biagi** (Ohio State) directed our attention to the role of calcium channels in the ischemic heart and in pituitary cells.

In the business meeting the 6th Annual Meeting was announced, namely, September 20, 1991, at the University of Cincinnati, to be hosted by the Department of Physiology and Biophysics and organized by Nick Sperelakis. Steps were discussed to broaden the appeal of the Society to neurobiologists in the state and to biologists in some of the state's smaller institutions, as well as ways in which we might speak effectively in the interest of physiology at the state and national levels. Notwithstanding the interest in broadening the Society's appeal, those who attended the meeting applauded the accessibility to colleagues. Sponsorship of the 1990 meeting was provided by Forma Scientific of Marietta, OH, and by the Department of Zoological and Biomedical Sciences, the College of Arts and Sciences, and the College of Osteopathic Medicine, all of Ohio University.

John Howell