



Letter to Arthur Otis:

Edward Adolph writes: "My colleagues of the Department of Physiology, University of Rochester, recognized my 90th birthday by hosting a symposium. Former graduate students and other associates gathered here and described some of their professional experiences. Of those who came, Bruce Dill (94 years old) traveled from his home in Nevada. That was the site of our desert expedition together with others in 1937.

"A unique feature of my lifetime in Rochester is that I have occupied the same room and desk for 60 years. During that period, colleagues have come and gone. What a grand succession of fellow workers!

"Old" is variously defined in the history of mankind. The essayist Charles Lamb (1775-1834) was retired as being 'superannuated' at age 50 years. He had worked as a clerk in the East India Company for 10 years beyond the average age (40 years) of men's survival in his time and place.

"When I was born the expected survival was 47 years; today it is 74 years. Those added years can be not only a privilege but also a responsibility. Formal education occupies two to three times as long now as in Lamb's day. Our prolonged education may fit us to work profitably in the added years now available.

"In recent times Sir Charles Sherrington (1857-1952) added enormously to scholarship in the years from 75 to 93 of his remarkable life. True, the old projects that anyone has stored for later action may lose their glamor. But novel projects may replace them. Health permitting, good hunting may reward the superannuated scientist."

Thomas K. Cureton, Jr., at the age of 84, is still a world-class athlete . . . "still training very hard, and winning. . . . My swimming is my 'means of staying fit.' I competed in Japan in January 1985 and set a new National Japanese record in the 100-meter Individual Medley, of 2:12 in my age class. I was No. 1 in this age class for the USA in 1982 and 1983 and have just won that rating again in the 1985 long and short course Championship Meets."

Harold M. Kaplan writes that he retired from the Southern Illinois University School of Medicine in 1977 but continues to serve there as visiting professor. He is coauthor of a *Handbook of Endocrinology* and co-editor of a work on *Creative Discovery*. Teaching in a human physiology course and consulting for an R and D laboratory also occupy his time. His advice to younger colleagues: ". . . stay healthy and continue to contribute, although I have no formula for this advice."

Edward H. Lambert writes: I retired from the Mayo Clinic in Rochester, Minnesota at the end of August 1985, after a career of 42 years. My research laboratory already has been moved en toto to the Department of

Neurology, University of Minnesota, 80 miles to the north, where retirement at 70 is not mandatory. I am continuing my research on diseases of neuromuscular transmission with NIH support, which fortunately also has no age limitation. My wife, Vanda Lennon, is remaining in Rochester where she has a very active neuroimmunology laboratory. We expect to spend alternate weekends in Minneapolis or Rochester and we look at this lifestyle as having some interesting aspects, an opportunity for uninterrupted work during the week and a more complete break from work on weekends together than we have had before."

J. Henry Wills writes that he is still a visiting professor in the Department of Pharmacology at the Uniformed Services University of the Health Sciences, Bethesda, MD. He gives a course for graduate students, participates in the medical course of Pharmacology, and has carried on some research. Currently he is in the preliminary stages of writing two books.

Letter to Edward F. Adolph:

Ruth E. Conklin writes from Poughkeepsie, New York, to thank the Committee on Senior Physiologists for greetings on her 90th birthday. Since retirement her time has been occupied a great deal by family cares, such as taking care of her older brother.

Letters to E. B. Brown:

Theodor H. Benzinger sends his thanks for his 80th birthday greeting from the Committee on Senior Physiologists.

Walter Ehrlich writes that "I am still working in the Division of Physiology of the Department of Environmental Health Sciences in the Johns Hopkins School of Hygiene. My long-standing endeavor to understand the mechanisms which adapt the cardiac output of mammals to the metabolic needs of the organism has been successful. We have established that the essential regulating mechanism, which triggers, enhances, or limits the functions of all the other mechanisms, is the intrinsic adaptation of the arterioles to the metabolic demands of the various organs. Now we are working in the field of nervous effect on circulation and respiration of awake, intact mammals."

Letters to Roy Greep:

Lawrence Bennet in response to greetings on his 80th birthday that despite "spare-parts" surgery he has been enjoying golf and shop work, summers in Colorado, and winters in Arizona." He and his wife "are active volunteers in programs of a very wonderful church in the summer and a new hospital in the winter."

Donald S. Farmer writes that

I respond to your good letter of 29 April. "With the generous approval of my chairman, I was able to use the last quarter before retirement for research at the Max-Planck-Institut für Verhaltensphysiologie in Andechs. Thereafter came a lecture at a CNRS Symposium in western France, a research conference in Copenhagen, a symposium at Copper Mountain in Colorado, followed by the dismantlement of my laboratory, and the transfer of the contents of my office to a much smaller room. . . . With coeditors James R. King and Kenneth C. Parkes, I am now working on volume IX of *Avian Biology*. I also continue as a coeditor of *Cell and Tissue Research* and coordinating editor of *Zoophysiology*."