TAC TRAINEE SURVEY
In 2004 and 2007, the TAC trainee survey was implemented online. In 2010, the survey subcommittee submitted a manuscript describing the 2004 and 2007 survey results to Advances in Physiology Education. The manuscript was accepted for publication and the article was published in the June 2011 issue:


The 2010 survey was conducted in conjunction with the Strategic Planning process and was implemented in November/December 2010. Each TAC member promoted the survey to their Sections and notices were sent via other APS outreach methods (listservs to members, trainees, and minority physiologists, APS Facebook pages, and Twitter feeds). Nearly 900 trainees and new investigators completed the survey (n = 885). A full analysis of the survey results, analyzed by educational level, will be provided to Council this fall.

EB SYMPOSIA
The 2011 TAC Symposium was entitled, “The Individual Development Plan – Plotting a Career Trajectory,” and was organized by Melissa Bates and Grant Simmons. It included presentations on how to create an Individual Development Plan (IDP) and then offered opportunities to discuss career planning with physiologists from a variety of career paths. The session speakers were very highly rated by the attendees. In 2012, the TAC symposium will focus on “E-Media Tools for the Professional Scientist.” and will include an overview of the changes in communication among scientists over the 125 years of the APS, in honor of the APS 125th anniversary.

TRAIIEEEE WEB PAGE
In 2006, the TAC launched an APS Trainee Website (http://www.theaps.org/trainees/). The site provides information on APS programs and services as well as links and information on current topics of interest to trainees and new investigators. In 2008, the TAC worked with staff to reorganize the webpage to provide drop down menus, information and links for each APS Section, a scrolling list of announcements, and rollover graphics at the bottom of the page offering instant synopses and hyperlinks to information on awards, symposia, professional development opportunities, and more (see sample graphic below). Each Section’s trainee relevant activities are highlighted for one month at the top of the website. The content on the webpage has been updated by staff on a regular basis, with information pertinent to APS trainees.

APS TRAINEE FACEBOOK SITE AND TWITTER (www.facebook.com/apstrainees, @apstrainees)
TAC launched a Facebook page and a Twitter feed in January 2010 for APS Trainees to provide "... a place for you [physiology trainees] to stay in touch with other trainees, ask questions, and get important information about grants, awards, meetings, and other career-related info." TAC members distribute cards promoting both the Facebook page and Twitter feed at EB. The APS Trainee Facebook page currently has
177 Facebook “Fans.” Postings come from staff, TAC members, and APS Twitter feeds, providing regular communication to the trainee Fans from the APS and the committee.

DALE J. BENOS EARLY CAREER PROFESSIONAL SERVICE AWARD
The Dale J. Benos Early Career Professional Service Award honors an early career stage APS member (graduate student, post-doctoral fellow, Assistant Professor or equivalent position) who is judged to have made outstanding contributions to the physiology community and demonstrated dedication and commitment to furthering the broader goals of the physiology community. The TAC received 6 complete applications for the award in 2010. The Committee agreed unanimously that Jessica A. Dominguez, Ph.D., Assistant Professor in the Department of Anesthesiology at the University of Colorado, Denver School of Medicine, was the most outstanding candidate. Dr. Dominguez received the award at EB 2011 and will prepare an article for a future issue of *The Physiologist*.

OUTREACH TO UNDERGRADUATES
TAC members are actively involved in APS efforts to encourage undergraduate student involvement in research and in EB activities. TAC members continue to use social media tools (Facebook and Twitter) to engage undergraduate students. TAC business cards were distributed again at EB 2011 to increase awareness of these social media websites. TAC members attended the EB 2011 Undergraduate Poster Session and engaged many of the undergraduate students in discussions of their research. The Committee also collaborated with the Career Opportunities in Physiology Committee on the 2011 EB Undergraduate Orientation Session, presenting some of the orientation talks and interacting with undergraduate students at the session tables. The TAC plans to continue these activities in 2011-2012. Finally, the TAC expanded the TAC survey to include undergraduates in 2010.